

Which type of joint allows for the most movement

- A. Hinge joint
- B. Pivot joint
- C. Ball and socket joint
- D. Gliding joint

Answer: C. Ball and socket joint

What is the largest bone in the human body

- A. Tibia
- B. Femur
- C. Fibula
- D. Humerus

Answer: B. Femur

What is the medical term for the collarbone

- A. Neckbone
- B. Shoulderbone
- C. Collarbone
- D. Clavicle

Answer: D. Clavicle

Which bone protects the brain

- A. rib

- B. femur
- C. skull
- D. ulna

Answer: C. skull

How many bones are in the adult human body

- A. 100
- B. 300
- C. 206
- D. 150

Answer: C. 206

What is the smallest bone in the human body

- A. Humerus
- B. Femur
- C. Tibia
- D. Stapes

Answer: D. Stapes

What is the purpose of cartilage in joints

- A. To produce lubrication in joints
- B. To store nutrients in joints
- C. To provide cushioning and support in joints
- D. To help with blood circulation in joints

Answer: C. To provide cushioning and support in joints

Which bone is commonly known as the kneecap

- A. Tibia
- B. Patella
- C. Fibula
- D. Femur

Answer: B. Patella

What is the medical term for the thigh bone

- A. Fibula
- B. Patella
- C. Tibia
- D. Femur

Answer: D. Femur

What are the three main types of joints in the human body

- A. Elbow, knee, shoulder
- B. Saddle, gliding, condyloid
- C. Fibrous, cartilaginous, synovial
- D. Hinge, ball-and-socket, pivot

Answer: C. Fibrous, cartilaginous, synovial

Which bone is commonly known as the funny bone

- A. radius
- B. ulnar
- C. femur
- D. humerus

Answer: B. ulnar

Which joint allows for rotation

- A. Hinge joint
- B. Gliding joint
- C. Pivot joint
- D. Ball and socket joint

Answer: D. Ball and socket joint

What is the medical term for the shoulder blade

- A. Humerus
- B. Sternum
- C. Clavicle
- D. Scapula

Answer: D. Scapula

What is the purpose of ligaments in joints

- A. To store water in the joints

- B. To regulate blood flow in the joints
- C. To help with digestion
- D. To connect bones and provide stability

Answer: D. To connect bones and provide stability

Which type of joint is found in the skull

- A. Hinge
- B. Suture
- C. Ball and socket
- D. Pivot

Answer: B. Suture

What is the medical term for the shinbone

- A. Fibula
- B. Tibia
- C. Patella
- D. Femur

Answer: B. Tibia

What is the purpose of synovial fluid in joints

- A. To lubricate and cushion the joints
- B. To regulate body temperature
- C. To provide structure to the joints
- D. To help with digestion

Answer: A. To lubricate and cushion the joints

Which bone is commonly known as the tailbone

- A. Coccyx
- B. Radius
- C. Femur
- D. Scapula

Answer: A. Coccyx

What is the medical term for the hip bone

- A. Pelvis
- B. Humerus
- C. Femur
- D. Fibula

Answer: A. Pelvis

What is the purpose of tendons in joints

- A. To provide cushioning in joints
- B. To store energy in joints
- C. To regulate blood flow in joints
- D. To connect muscle to bone

Answer: D. To connect muscle to bone

